

COLLAG
ORATION



COOL
GOOD

INDIAN





FORWARD

Recipes are sets of instructions. They consist of a list of raw ingredients and a step-by-step guide for creating something greater than the sum of its parts.

Recipes are stories. They are a medium for embedded cultural tradition and memory. Like stories, they can evolve over time, while some maintain fidelity for generations.

Recipes are records of invention. They are documentation of human creativity and expression. Writing down a recipe is a way to share knowledge, incorporating lessons from the past.

This cookbook contains recipes for collaborative projects. Included are a variety of initiatives and experiments that are all the result of people working together in creative partnership.

Each of these recipes represent one way of achieving a particular outcome. However, as you follow along, you may find your own interpretation. Enjoy.

August 5th, 2023
FWB Fest
Idyllwild, CA

On a Saturday afternoon at Idyllwild Arts Highschool, 40 people gathered in a computer lab for a collaborative zine making workshop co-hosted by Metalabel and Friends With Benefits.

Workshop participants contributed to this publication by either writing recipes of their own collaborative projects, or by creating collage-based artwork.

Thank you to all of the collaborators:

Fiona Carty, Austin Robey, Lauren Dorman, Mindy Seu, Joshua Citarella, Greg Bresnitz, Kaitlyn Davies, Jose Mejia, Matthew Chaim, Charlie Waterhouse, Keely, Sarah Owen, K Allado-McDowell, Leo Pastel, Ryan Tv, Frankie Nikole, Lia Godoy, Paola Viola, Jacq Vaca, Steph Orpilla, Jessica Parker, Michael Sharon, Alexis M., Moni Saldaña, Maria Fernández, Matt Newberg, Greg Wolff, Levi Downey, Alvaro Delgado, Molly Maugeri, Claire Mar, Lani Trock, Stella Blue, Jacques Swartz, Nicole Tremaglio, Stefen Deleveaux, Neesh Chaudhary, Nick Susi, Kelsey Byrne, Steph Alinsug, Jacob Sussman, Roberto Montero



archival work

NOW TO CREATE AN INDEX

MINDY SEU'S recipe for
CYBER FEMINISM INDEX

INGREDIENTS

Database	Editor
Contributors	InDesign Scriptor
Designer	Publisher

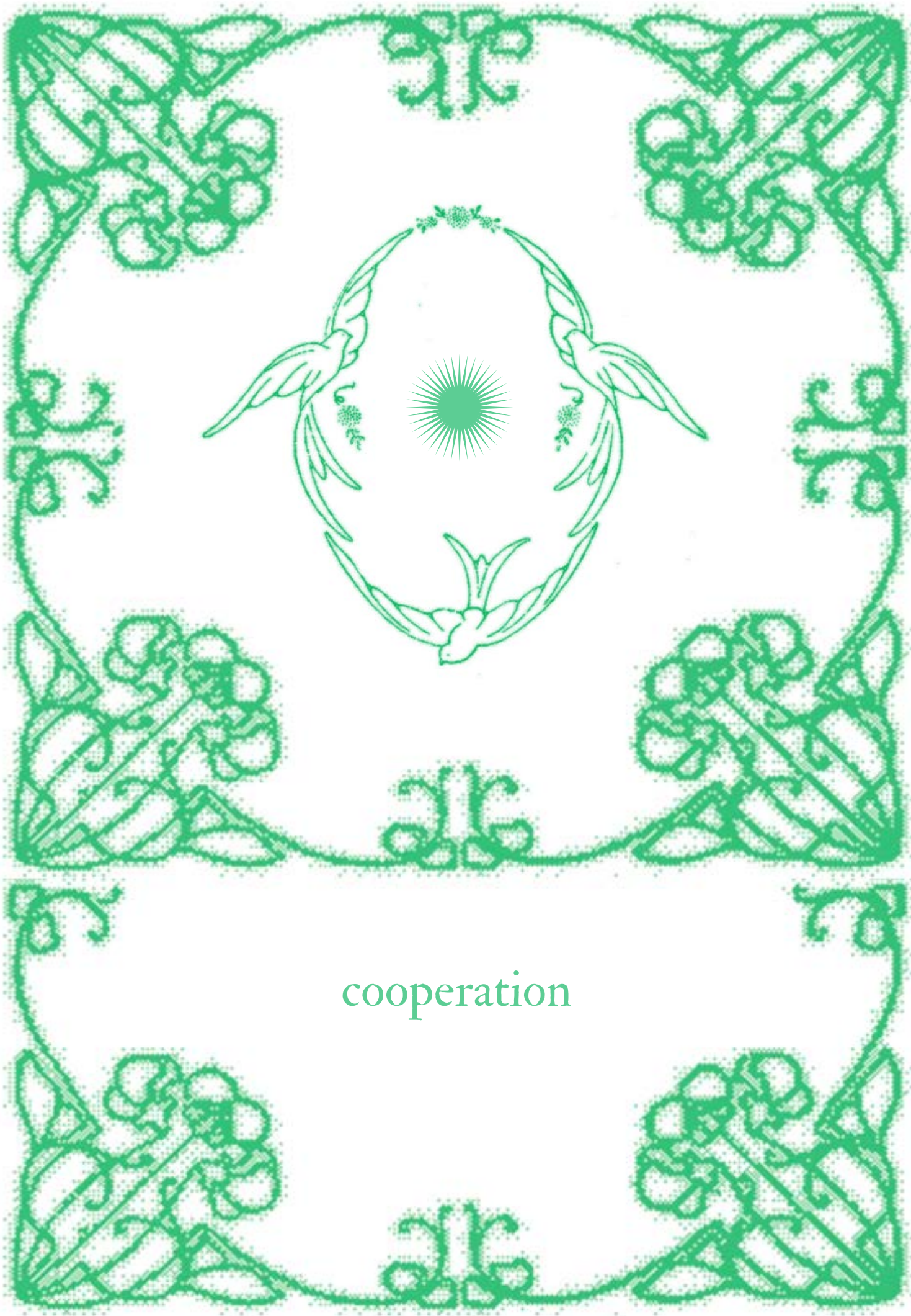
THE RECIPE

First, define a canon of work that you would like to create an index of. Before beginning, check to see if other indexes or repositories already exist. It may be more useful to help maintain an existing list, rather than create a new one. Look at existing indexes and determine what is missing and which conventions you would like to break.

Start by compiling a bibliography and a spreadsheet. Next, publish this individual resource online and create a submissions portal to allow others to contribute.

As you bring on collaborators, create moderation guidelines. Give credit to the sources of material, whether they are "referred" by peers, or "submitted" online.

Publish the index into a physical book. Creating books, no matter how small, is essential for world building.



cooperation

HOW TO BUILD AN ONLINE COMMUNITY

JOSHUA CITAREALLA'S recipe
for DO NOT RESEARCH

INGREDIENTS

200 Contributors 1 Patreon
2 Editors 1 Discord
1 Podcast 1700 Members
1 Twitch

THE RECIPE

Create a syllabus for a college class and post it online. Share it as a rigorous, curated, in depth set of recommendations for others to follow.

Create online media channels to discuss related source material: a weekly Twitch stream, a podcast, and a Patreon. Create a Discord as a space for subscribers to chat and then organize projects in a private space.

Encourage members to organize reading groups within the discord to go through every week of the syllabus. When members generate work from the recommended readings, publish the work on a blog in semester-like increments. This can include essays, videos, or artwork. Publish a new syllabus every semester.

Once someone contributes to the blog, provide an honorarium payment (covering membership costs for one semester), a complimentary lifetime membership, and a contributor tag in Discord to gain access to private channels. Each year, publish a physical book of the contributions.



internet bulletin board



NOW TO RUN A COMMUNITY EVENTS PROGRAM

GREG BRESNITZ'S recipe for FWB EVENTS PROGRAM

INGREDIENTS

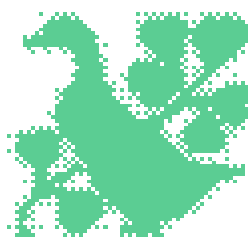
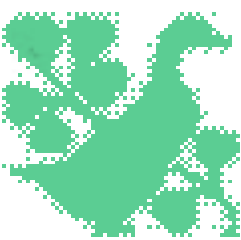
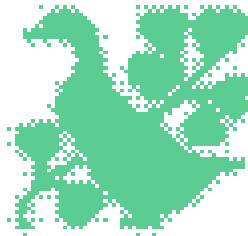
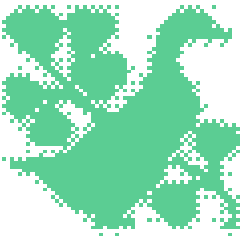
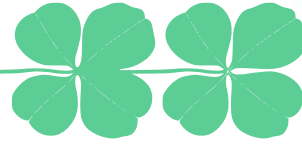
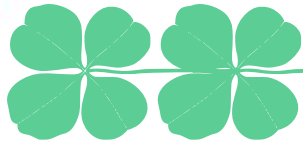
1 Shared Interest
10 Friends
A Place To Go
Good Music

THE RECIPE

In order to create a global and decentralized events program for an online community, first create a shared reality. Create documents including: Core Values, Standard Operating Procedures, and a Pattern Language.

Start with trusting your community and that they have good taste. Allow community members to propose event ideas through an online form. Create an events committee to review submissions.. Make it the committee's goal to say yes often and fast. Create events with different budgets. One small. One large.

Avoid unsustainable centralised decision making. Keep events simple. Every event should have good people, good music, good location, and good food (when applicable). Embrace controlled chaos. Document everything. End events 5 minutes before people get bored. Finish with conviction that your community will be good stewards of the brand. Course correct as needed.



online collaboration



HOW TO THROW A RAVE

by MATT NEWBERG

INGREDIENTS

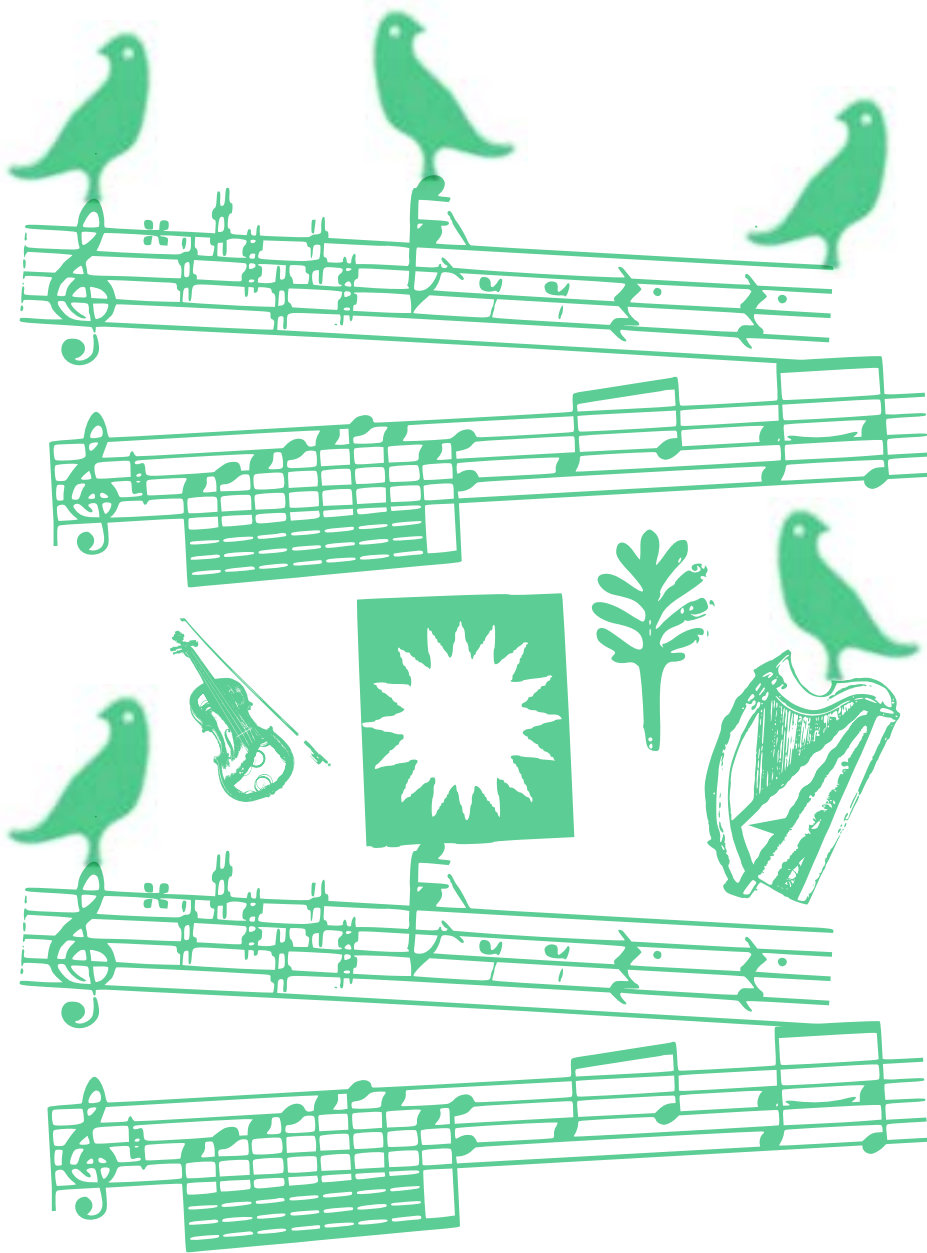
Twilio Number	Theme
RA Listing	Location
Partiful	Music

THE RECIPE

Curate a few selectors (DJs) and develop a theme for the event. Set up a unique Twilio phone number as a hotline with a voice response that can reply to SMS texts with an RSVP link to the Partiful page. Cross-promote by creating a post on Resident Advisor.

For a location, select a venue with chill neighbors in an accessible location (think: metal shop, banquet hall, etc).

Tell all your friends about the party, and get a few to commit to showing up early to get the dance floor going. Add finishing touches: fog machines, balloons, lighting, flowers, and pizza.



sending 808s in the chat



NOW TO FORM A 3 PERSON BAND

MATTHEW CHAIM'S recipe
for CHAOS & SONGCAMP

INGREDIENTS

45 Musicians	5 Radio Producers
9 Visual Artists	3 Economists
7 Operatives	2 Scribes
6 Developers	

THE RECIPE

Bring 45 musicians together on the internet. Organize into 3 “Houses”, consisting each of 15 musicians. Every two weeks, assemble 15 new bands of 3 members. Each band should consist of 1 producer, 1 singer, and 1 “flex”. Finish one song every two weeks, then shuffle every band within their respective House. Repeat for six weeks.

Create weekly meetings on Discord, alternating between listening sessions of demos and final songs. Encourage continuity through lore and by creating an internal story line around a mythical figure. Ex: Eros the Goddess of Discord.

After six weeks, create an online listening event and showcase. Sell songs onchain in random packs of four. Make them free to listen to. Using Coordinape, allow members to vote on how payments get automatically split and distributed. Next, meet in person and play a show together.



plushie club



NOW TO START A PLUSHIE CLUB

GREGG WOLF & FIONA CARTY'S
recipe for PLUSHIE CLUB

INGREDIENTS

1 Yard polar fleece	Embroidery machine
Sewing needle	Colored pencils
Thread	Paper
2-10 Friends	An are.na channel

THE RECIPE

Gather all materials and call your friends.

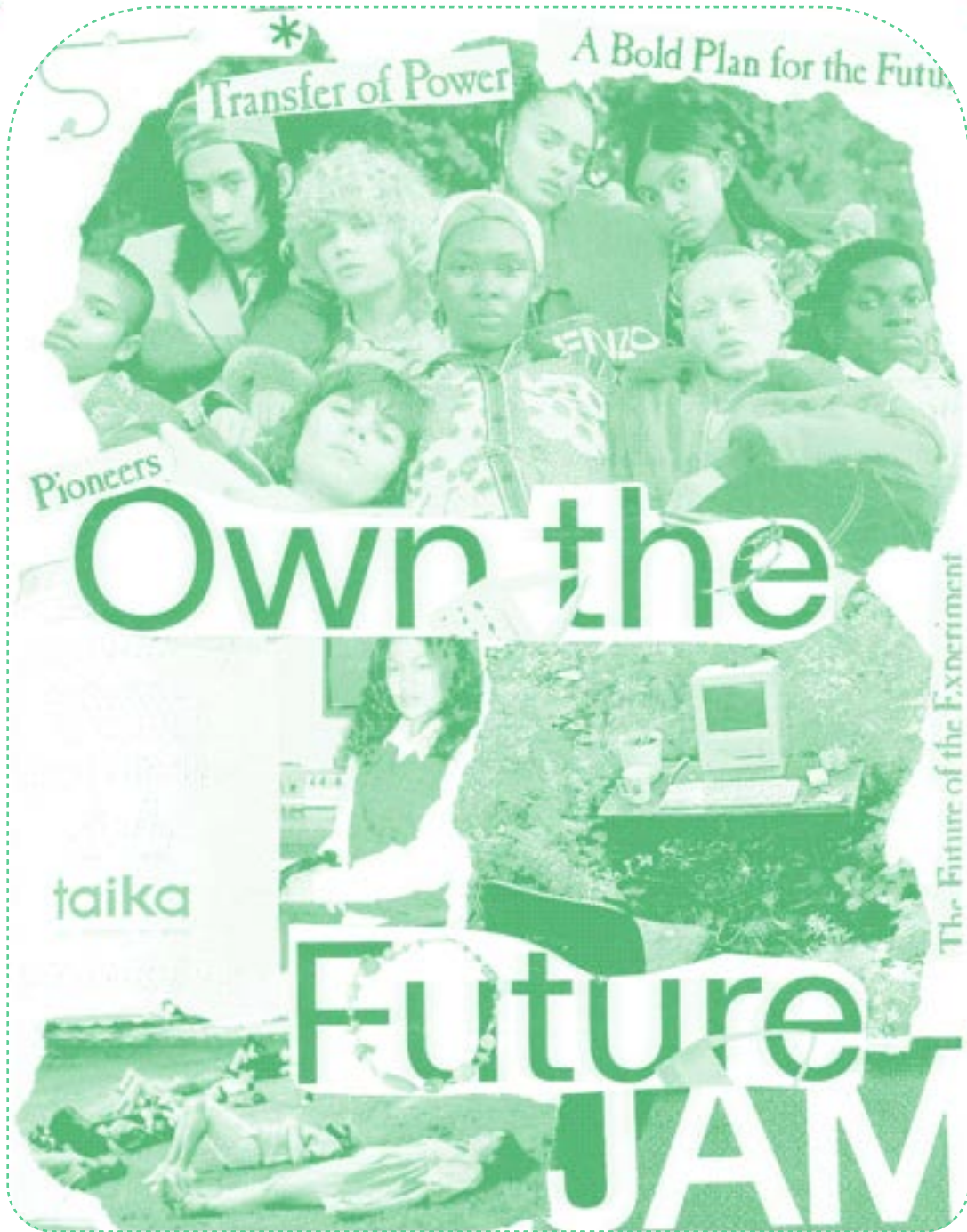
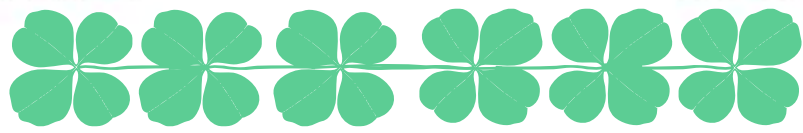
Note: If you are unsure of how to obtain an embroidery machine, contact your friend who once tried to create a streetwear brand.

For one hour, instruct your friends to doodle. Find cute mascot and plushies inspiration online and from your childhood. Try to channel cute, kawaii, Hello Kitty-esque energy. Focus on the plushie's face or other details to be embroidered.

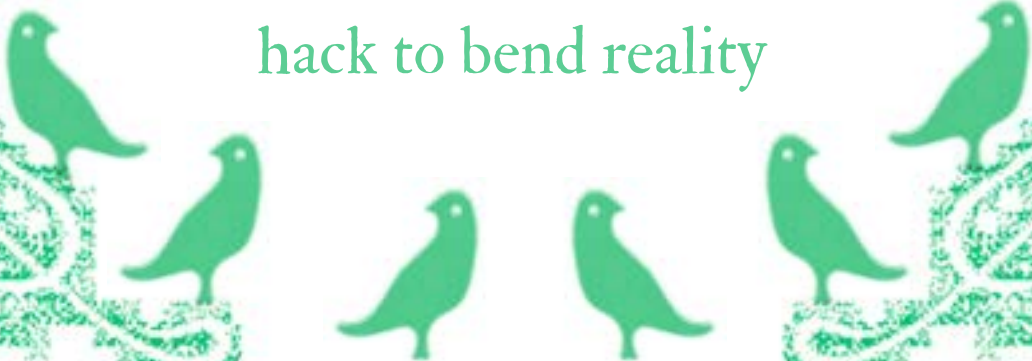
Have the embroidery operator photograph and digitize the doodles while other participants cut fabric patterns.

Hand stitch embroidered fleece into plushies.

Make sure to capture your process and repeat until your inner-child has been satiated.



hack to bend reality



NOW TO START A HACKATHON

STEPH ORPILLA & JACQ VACA'S recipe

INGREDIENTS

- | | |
|---------------|----------------------|
| 2 Big ideas | 4 Creative builders: |
| 3 Days | 2 Developers |
| 4 Laptops | 1 Designer |
| Energy drinks | 1 Storyteller) |

THE RECIPE

Form a team by assigning roles but removing hierarchy. Talk through problems you've experienced and possible solutions to build.

Finalize 1 idea. Write out if-this-then-that user flows. Agree on regular check-in times to ask questions, share work, and communicate blockers.

Decide on which parts of the projects to own and then break out. Devs integrate complementary tech and code the product. The designer creates the aesthetic direction and develops assets. The storyteller writes a pitch deck and copy for the application.

Bring all the pieces together and ship your prototype. Present it, get feedback, and iterate to build the next thing.

STEP BACK 5,000 YEARS
FOR 10 DAYS FREE.





JACOB SUSSMANS'S visual recipe



grow your own



NOW TO BUY FRUITS AND VEGETABLES

LIA GODOY'S recipe from
ROSAL ORGANIZADO

INGREDIENTS

Neighbors
Spreadsheet
Big car
Scale

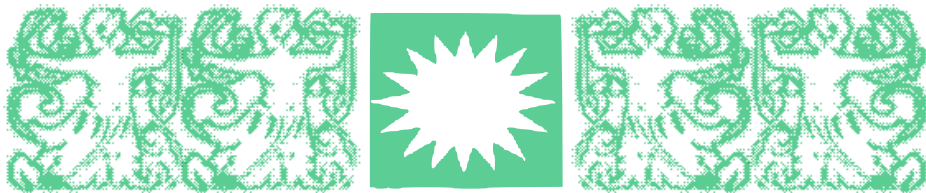
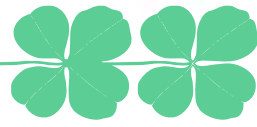
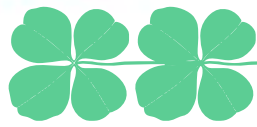
THE RECIPE

Gather a group of friends and neighbors. Buying fruits and vegetables is cheaper and more fun this way. Have the most organized person of the group create a spreadsheet to track which items to buy for each individual. Share the spreadsheet and have everyone write down what they want, and how much they want.

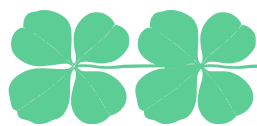
Take the largest car you have and buy fruits and vegetables in bulk, straight from a local distributor. Bring fruits and vegetables to a volunteer's house, where neighbors can bring their own bags and collect their fruits and vegetables.

Receive payments.

← JESSICA PARKER, MICHAEL
SHARON, & ALEXIS M'S visual recipe



protest as a form of love



NOW TO START A REBELLION

CHARLIE WATERHOUSE'S recipe
for EXTINCTION REBELLION

INGREDIENTS

D Locks
Super Glue
Hand Signals
Swearing

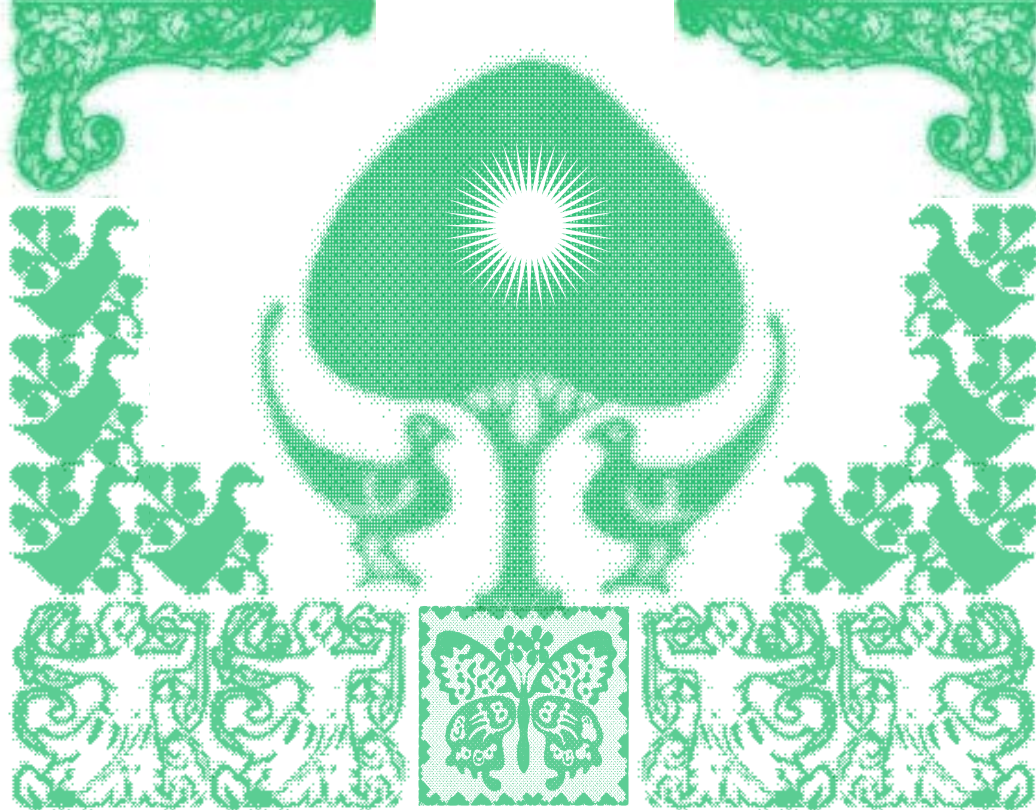
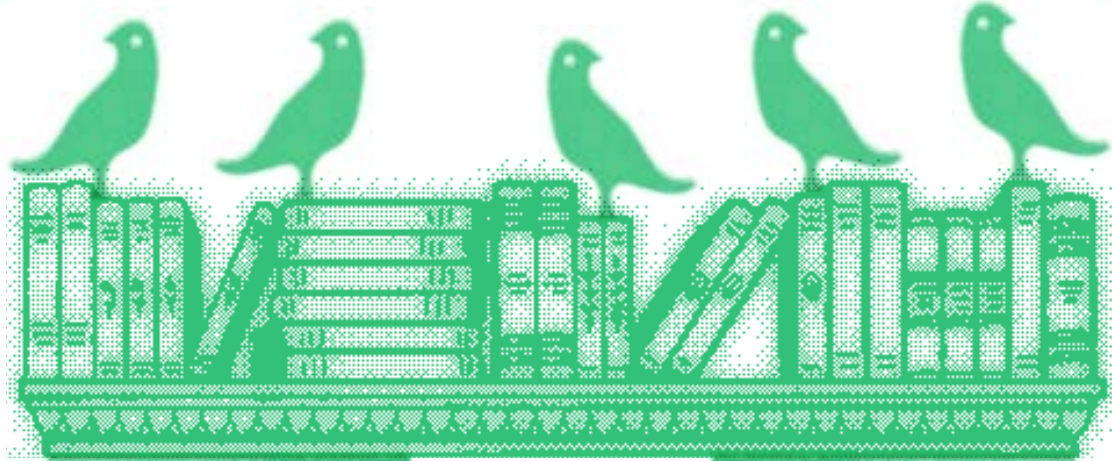
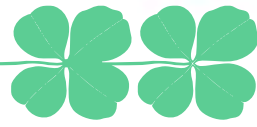
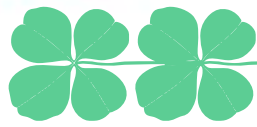
THE RECIPE

Find an affinity group of tight people you can spend time with. Build trust and plan with this group. Create and consult a toolkit of shared organizational knowledge. This allows anyone to create a rebellion with aligned tactics, strategy, and values.

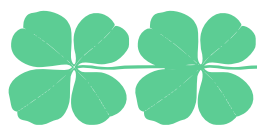
Be ambitious. Promote expansive calls to action. Inspire people and do not limit yourself to incremental reform.

Appreciate that some people know how to do shit that you don't. Create roles accordingly. This includes an Actions Team, Artists, Time Keepers, Legal Observers, and individuals with specialized skills like climbing buildings.

Create spectacle. Bring flags, badges, stickers, and placards. Bring cakes and play music to disarm pissed off people. If blocking a road, make sure the banner is long enough to block the full width of the road. The best protests are simple enough to be replicated anywhere.



songbirds unite in chorus



NOW TO START A CHOIR

LANI TROCK'S recipe for OPEN SOURCE COMMUNITY CHOIR

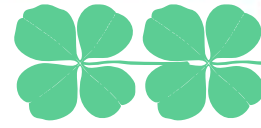
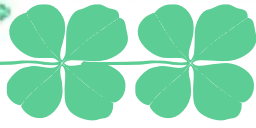
INGREDIENTS

- 2-50 people
- Safe, quiet space
- Bell or chime
- Acoustic musicians (optional)

THE RECIPE

Gather in a safe, and quiet space, with interested participants. Offer pillows and blankets and sit in a circle.

Begin by sounding a note with a bell, a chime, or any available instrument. As a group, sing this note several times and then allow melodies and harmonies to emerge naturally. Improvise without rules. Continue until the song reaches a natural conclusion. After the song finishes, allow for silence— as long as feels necessary.



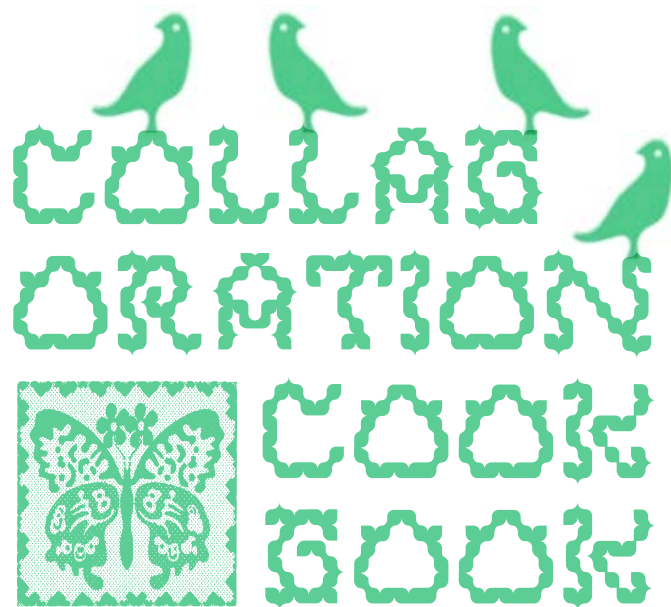
How to

INGREDIENTS

_____	_____	_____
_____	_____	_____
_____	_____	_____

DESCRIPTION

View all submissions and
contribute to the second edition of



Scan the QR code ↓

